My name is Yuko Igarashi, I am an International Coordinator, Prenatal Memory Navigator, English/Japanese Trans-Creator, and a Visual Catalyst. I launched the "Prenatal Memory Global Project" last December at The Society for Mind-Body Science 28th Annual Conference with Dr. Akira Ikegawa (the leading researcher of the Prenatal Memory) and Dr. Masayuki Ogkado (a Professor, a researcher of the Prenatal Memory, and Past Life Memory).

In November 2019, I have gathered 10 remarkable professionals from Japan and China to present our stories of how listening to children's prenatal memories and
experiences created social impact throughout our nation for the last 20 years and present our findings at the Pre-Congress Workshop and the Breakout Session at 2019 APPPAH International Congress. We are very pleased to welcome the top OB-GYN doctors of China, Dr. Ma LiangKun and Dr. Zheng RuiMin who have recently started their scientific research on Prenatal Education. Two doctors from China will be presenting "Mindful Based Child Birth in China" and one entrepreneur from Hong Kong, Ms. Samantha Ying, will be presenting "Prenatal Education: Creating a Harmonious Foundation for New Families". We will have the greatest chance to talk about our Unite the World: Prenatal Memory Global Project and I will talk about the social impacts and The Future of Epigenetics: Turning Biological Switch with Prenatal Memory.
Babies Are Cosmic - The Bible of the Prenatal Memory

Although there are many books and articles, magazines and comics are published in Japan for about twenty years in regard to the Prenatal Memory, I was disappointed to find out that there is no one updated and translated much information and findings in English. "Babies Are Cosmic", the newest book written by Drs. Elizabeth and Neil Carman include the findings of Dr. Akira Ikegawa and Dr. Masayuki Ohkado. Currently, I am working with a publisher here in Japan and hoping to have their third book translated into the Japanese language so that our Prenatal Memory fans will be able to find out this phenomenon isn't only happening in our country.

As I read through Drs. Carman's book, I felt as if I am holding the bible of the Prenatal Memory.

Receiving Inspiration from Dr. Verny and Dr. Chamberlain

Dr. Akira Ikegawa was inspired by Dr. Thomas Verny's book "The Secret Life of the Unborn Child" which was translated in Japanese and published in 1987, and Dr. David Chamberlain's book "The Mind of Your Newborn Baby" in the following year. These two books dramatically changed Dr. Ikegawa's concept of his birth practices. Dr. Ikegawa initially wondered if we need to be under hypnosis to reveal Prenatal Memory. Then he shared a memory account from Dr. Chamberlain's book with a nurse, she matter-of-factly stated: "Yes, my grandson talks about it!" That inspired him to research Prenatal Memory and listen to children's memories of their journey to birth.
The Secret Life of the Unborn Child
Dr. Thomas R. Verny with John Kelly
1981
1987 Released in Japan

The Mind of Your Newborn Baby
David Chamberlain, Ph.D.
1981
1988 Released in Japan

Slide Images From Dr. Ikegawa's Presentation: APPPAH 2019
The World Leading Researcher Dr. David Chamberlain

Dr. Chamberlain became a leading researcher in the field of the Prenatal Memory, almost by accident. Initially, he was skeptical. However, he was curious enough to research this topic among his clinical patients, and their response changed his mind. Throughout his writings, he shared children's prenatal memories received from parents and colleagues. He insisted that a pregnant mother's happiness is the ultimate goal when it comes to welcoming children, as well as the quickest way to change our world's future. Until the end of his life on earth, he aimed at enriching lives through conscious pregnancy and birth.

Dr. Ikegawa's Journey to the World

Taking Dr. Chamberlain's great effort, Dr. Ikegawa applied the concept of Prenatal Memory and it has greatly impacted his OB-GYN practices. Dr. Ikegawa has been collecting stories of the Prenatal Memory not only from the children but people of all ages. He is taking national and international lectures and tours each year and he is steadily increasing the number of people joining his events. He believes the world will become a better place if we can all consciously change our birth practices. He is giving lectures throughout North America, EU, Australia, Taiwan as well as Japan.

At the beginning of his research, Dr. Ikegawa interviewed many children who had memories of time prior to their birth. Instead of focusing on credibility and stipulation of Prenatal Memory, Dr. Ikegawa's book shares children's birth memories, memories of life in the womb, conception memories, life-between-life memories, and past-life memories as "truth." He carefully gathered crucial meanings behind their stories to create a sustainable future for humanity. Over the years of his OB-GYN practices combining the wisdom of the "Prenatal Memory" concept, he gained the significant meaning of each individual's life by learning through children's precious memories described with such
keen senses. Just by listening to children’s true voice from their stories, Dr. Ikegawa found the "Prenatal Memory" in real-life application. Prenatal Memory has been mindfully resolving many cases of complicated parenting situations such as a miscarriage, a child having an ailment, or born with some physical impairments. The concept of "Prenatal Memory" will bring a happy and tranquil family relationships and peacefully unite the world.

Social Sensibility Aids Development of Prenatal Memory

The main reason Japan adopted the “Prenatal Memory” concept so quickly stems from the fact social sensibility has been part of ancient Japan. Our tradition repeatedly cultivated Social Sensibility and sophisticated mind and awareness. These beliefs are based on the very fluid “principle of the universe”, indigenes spiritual practices deeply rooted in our culture for thousands of years. Our national religion, Shinto has no founder, no overarching doctrine, and no religious texts.

In this ancient animistic spirituality indicates there are three fundamental energy of Kami: Amatsukami (the heavenly deities), Kunitsukami (the gods of the earthly realm) and YaoYorozu no Kami (multitudinous divine energy) which literally means “Eight
Million Gods. Shinto emphasizes consciously living with virtue and sincerity in daily life. This tradition which has been handed down for countless generations nurtured our belief system and adapted the "divine nature" that is sacred of all living beings. The Four Affirmations are Tradition and the Family, Love of Nature, Ritual Purity, and Matsuri. Although many traditions and rituals are diminishing in our modern society, the young generation is trying to revive the tradition with a new twist. Our nation, Japan, has been greatly impacted by the war, many natural catastrophes, and man-made disasters.

The Future of Epigenetics: Turning Biological Switch with Prenatal Memory

Dr. Bruce Lipton points out that “The mind and the environment control our genes.” And in order to stop our 6th mass extinction, we must change our thoughts by creating a collective consciousness aiming at starting a spontaneous evolution as a brand new single organism called “humanity.” He also mentions that each human being acts as a tuning fork and that every thought is broadcast into the vastness.
Therefore when our thoughts become more coherent and cohesive, more physical manifestation occurs. “Prenatal Memory Team from Asia” will attend the 2019 APPPAH International Congress in 2019 to share over 20 years and evolution of the Prenatal Memory in Japan. We will address how Prenatal Memory has impacted our traditional culture of prenatal and perinatal psychology and the way we can achieve a harmonious future with this concept. The combination of Prenatal Memory and any form of Art is the key to changing our physical, emotional, and spiritual environment. Quantum Physics theorizes that our mind doesn’t reside only in our brain; it exists also in the realm of the Quantum Field.

We will explain the connection to the field as the “universal umbilical cord”, and once this universal connectedness is emancipated from the physical body, we will experience detachment as the death of our physical body. If we experience this detachment in the realm of our spiritual body, we lose the feeling of ultimate euphoria and nonlocality of consciousness. Our team will present examples within the time frame set by the APPPAH. So far we have a list of individuals who would like to join our team effort and present their expertise.

Prenatal Memory May Help with Your Life

The quote: "Prenatal Memory May Help with Your Life." was in the last sentence of the recent magazine. Japan's most popular tabloid magazine Jyosei Seven recently picked up stories about the Prenatal Memory on their Oct 31st, 2019 issue.

In the article, it indicates many parents of professional artists such as actors and actresses are joining Dr. Akigawa's lectures. In fact, Mr. Shinzo Abe, Japan's prime minister's wife Mrs. Akie Abe has been interested in Prenatal Memory and her picture was shown on it as well. This article was remarkable since what they explained about Prenatal Memory was very positive.
Dr. Ikegawa and Professor Masayuki Ohkado of Chubu University are both conducting surveys on Prenatal Memory. As of April 2016, they had completed some 900 surveys in the US and 10,000 in Japan, in addition to conducting 60 personal interviews. The concept of Prenatal Memory may be considered a fantasy created and told by children. However, Prenatal Memory can be regarded as the gateway to deeply understand consciousness, to capture children’s pristine knowledge of non-3-dimensional experiential aspects of the inner life soul. Prenatal Memory is the greatest global education (Trans-Universal) method and the foundation of self-learning (Heutagogy) for creating a peaceful future for our children. The Prenatal Memory Global Project has been launched to offer the experience of the consciousness’ voyage, to feel universal connectedness with the Sea of Quantum Field. The astronauts realized our planet Earth’s beauty for the first time when they left it. It is nearly impossible for us to
experience the "Overview Effect" from outer space, however, our team believes that we can promote a cognitive shift in order to experience this amazing phenomenon. How? By integrating Prenatal Memory with Psychology, Meditation, Early Childhood Education, Womb Regression Therapy, Spiritual Reading, Art, and actively listen to children and understand an individual's mission (heaven's decree).

**Prenatal Memory YouTube Channel**

I have created a new [YouTube Prenatal Memory Channel](https://www.youtube.com/c/PrenatalMemory) dedicated to sharing information about Prenatal Memory, Prenatal Education, and other inspiring works of others. My goal for this channel is to become a visual portal site for the Prenatal Education and Prenatal Memory for the world. I would love to add other videos once I meet people at this year's congress to have their personal permissions to share them on my channel. We will be honored if you would take a part in our effort to spread the concept of the Prenatal Memory together.
Will you share your thoughts and comments?

For more information and comments, please contact Yuko Igarashi.